



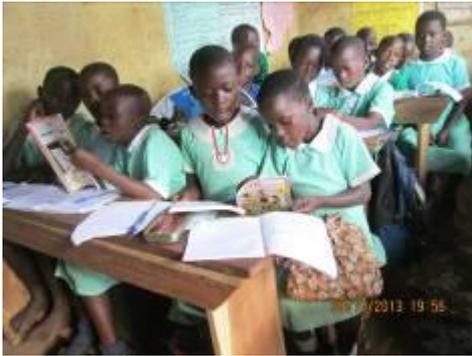
The Mityana Charity

Registered charity no. [1064825](#)



NEWSLETTER Jan 2014

Mityana Charity would like to thank you for your continued support and wish you a very Happy New Year.



A big thank you from Brilliant Vision school to St Sebastian's primary school for providing desks and textbooks for our school.

"The pupils gladly and comfortably sit at desks and read the books and even as per now the teachers work is eased; no longer write much on blackboards. The pupils reading skills will definitely change greatly hence progress in their academic struggles. Indeed these gifts came timely as we were in dilemma of raising such LOTS of text books per class".



Pupils at Nabukenny Primary school were given drugs against Bilharzia worms (schistosomiasis) on 19th Nov.2013. Urine samples from 50 pupils were taken previously and the results showed that some pupils were affected. The government took action and gave drugs to control the spread of the disease. This will continue up to 2017.

Working as a nurse in Mityana

As part of my nursing degree, I spent the month of October in Mityana where I was kindly put up by Moses and his family. From the moment I got there every one was very friendly, making me feel very welcome. I spent the first 3 weeks of my visit at Lulagala Health centre and Mityana hospital. Predominantly looking at the health systems in place in Uganda and how they differ from those of other countries, but also looking at the treatment of tropical diseases to be able to enhance my own practice. Whilst at the health clinic I sat in on screening sessions for HIV, malaria and typhoid fever, as well as counselling sessions for HIV and family planning. It was good to see that HIV testing and counselling was offered to anyone who might have benefited from it as well as all pregnant mothers and their partners. I carried out some of the testing in the onsite lab. At times the centre was quiet; it was good to be able to talk to the staff about health care in Uganda in general, as well as lots of different things about UK and Ugandan culture.

The hospital consists of 4 wards, as well as outpatients, HIV Centre and family planning facilities. The ward I spent most of my time on was the female adult ward, which consisted of 30 beds split over two buildings. These wards were very basic and differed a lot from the one that I am used too. The equipment kept on the ward was very limited, and I know that I complain that we never have enough equipment but my visit made me see how lucky we are. Although the resources were limited the staff made the best of what was available. Whilst in theatre one day one of the doctors said that due to the lack of resources he was surprised that half of the patients that survived, did. But he felt that it was due to the presence of God. Before the start of a procedure they always started with a prayer. Whilst I was there the bishop and members of the diocese visited the hospital to pray for it and the patients. This really encouraged me as well as how Ugandans involve God in every

A plea from our treasurer

We have had several CAF donations into our bank but they never come with a name and so we cannot thank you nor know which project they are for. Can you please email us enquiry@mityanacharity.org if you deposit a CAF cheque or kindly send them to our treasurer?

Sponsorship REMINDER

We are still waiting responses and monies from some sponsors for fees for this year. The children are not able to go to school until we know that they are being supported and they start school mid January.

It is so much easier if you set up a standing order for each Nov £125 primary fees and (or monthly £10.50) £250 secondary fees (monthly £21).

Besides running the sponsorship for the children, Grace our sponsorship coordinator runs annual courses for the parents/guardians in different subjects. This year they had an expert in the area of good parenting. They also have access to our Legal Aid team.



Fundraising

Pat Barton has been busy making delicious homemade jams, marmalades and chutney. If you live in the Bracknell area please contact us.

If you have any pillow cases which could be made into girls dresses or are interested in making some then please contact Pat.

enquiry@mityanacharity.org

Special Sponsored Friendships!



Having been lucky enough to visit Mityana several times with Mityana Projects Trust who are based in North West Hampshire, I became increasingly aware of the challenges faced by families in supporting their children's education.

Uniforms, shoes, pens, exercise books and other school equipment are all very difficult to prioritise even if education is valued. These challenges seriously limit children's progress in realising their potential to contribute positively to Ugandan society as adults in the future.

Sponsoring a child via Mityana Charity is an ideal way to help provide the necessary school fees and equipment to encourage good school attendance so I was introduced to Stephen and his family in 2010 by Grace Musaasizi who co-ordinates the sponsorship in Mityana.

As sponsors, we receive termly school reports on academic progress, updated photos and occasional letters as well as receipts from the children's schools as acknowledgement of our money arriving safely.

It has also been a privilege and wonderful to visit Stephen and his family each time I can return to Mityana. I have seen for myself how, with the help of sponsorship, he is enjoying going to school and learning new things. Maths and science are Stephen's favourite subjects as his sights are set on becoming an engineer in the future. How wonderful would that be and to also know that I have helped him in a small way to achieve this?

For just £125 per year for Primary sponsorship and £ 250 for sponsoring Secondary students, you can be assured of making a significant difference to a child's future prospects.

Rachel Butler December 2013

aspect of their life and work. During my last week in the hospital I was on the maternity ward and was involved in the delivery and care of three babies, It was a magical experience, and has to be a highlight to the trip.

I spent the final week at St Mary's school for the deaf and Brilliant Vision School. I thoroughly enjoyed my time at both schools. Whilst there I sat in on and even taught a few different classes from baby to P7, however it soon became clear that my accent would cause a few problems. Although nothing that could not be solved by a game of Pictionary to revise parables. Whilst at St Mary's school I was welcomed by the choir with a few songs and even seemed to pick up a few little friends. The school have started to raise funds for themselves by selling jewellery and bags that had been made by the children to the local community. They spent the afternoon showing me how to make the different crafts and it was great to see how enthusiastic and involved all the children and staff were (especially the boys).

All the places that I spent time at, that have been supported by the charity were very grateful for your support.

Legal Aid programme

Our lawyer and advocate have been on a radio programme, in Uganda, educating the community and prisoners of their rights and providing legal awareness of their rights at police stations and in the prisons.



Thank you to those people who provided games for the prisoners. They were really appreciated.

We are looking for sponsors for some children whose sponsors cannot support them any longer. Please ask anyone in your circle of friends and colleagues.



Mityana charity in Uganda had a fundraising day.

One of the most encouraging things I witnessed was the first attempt of our team in Mityana to raise money themselves. In the past all the money has been raised in England and the team in Mityana helped us spend it! The Ugandans arranged a Fund Raising Party, and got about 350 people there, including the local MP and the local Resident District Commissioner who represented the Uganda Government.

It all began with a procession through Mityana Town lead by a marching band, to draw people along. At the do itself there was a pop group to entertain all present, and an auction to raise money. Hugh

Children in Mityana have a Christmas party provided by the Mityana Charity in Uganda

Wow! What fun was had with Father Christmas, (not quite the same as ours here in UK), face painting, a song by the recently formed Sponsorship children's' choir and songs and dancing.



Father Christmas



God's 2013 Gift To Me

I have always prayed to God to grant me this opportunity so badly and I did not know that it was going to happen so soon.

Have you ever been helped by someone for nine years and you haven't met this person since they started helping you. A person offers to help willingly a child they have never known or seen!!

Now there is a wonderful woman who offered to take up mum's responsibility after the death of my mum, she offered me education and all the requirements I needed, she loved and cared for me which helped me to fill up the gap that was in my heart after the death of my mum in 2001.

God offered me an opportunity to travel to UK 2013 and on 30th November I met up with my sponsor Linda Hughes. It was a lovely experience and when I hugged her it felt like a mother-daughter hug. It felt so good to know how she came to sponsor me and to get to know her one on one.

Since then I feel there is always a reason why God brings certain people in our lives. Meeting Linda gave me the courage to do great things in life and to help people who are lonely and needy because it really makes a big difference in the lives of such people. Linda's love and care has always and will always keep me going in life because she sees ability in me to accomplish greater things in life.

Great thanks to Mityana Charity board members in UK and Uganda for this amazing work which has made a very big difference in the lives of the people of Mityana.



Viollah and Linda

Jean and Pat are visiting Mityana 22nd May to 9th June. Please email enquiry@mityanacharity.org if you are interested in joining the visit. BA sale on now so flights cheaper. Do you have any toothbrushes as we are wanting to give them to the children?

The coffee farm

It is wonderful to see how the farm has developed over the past 3 years. It has certainly developed into a model farm where local farmers can gain knowledge on how to grow their own coffee. They are holding an Open Day on Wednesday 22nd January 2014. We wish them every success with this new venture.



The large trees are for shade



Wow! Look at all those berries!



Coffee processing



David, who came for a year to work and gain farming skills with HHP has started his own small farm in Uganda.

The staff at Mityana Charity had fun at their Christmas party.



Inter project tug of war, football shooting etc helped to build up team work.



20 Ugandans came to help raise money for the charity at St Sebastian's school Christmas fair.

They also had a look round the school and couldn't believe the equipment and books which were there. Moud said that when he was at primary school they had lessons under the mango tree as there weren't enough classrooms. He used a tray filled with dirt to write in. They then visited several families in their homes for a meal.



Are you a tax payer? If so please complete a gift aid form.

http://mityanacharity.org/form_ga.doc

Interested in leaving Mityana Charity a legacy?

Further info

http://mityanacharity.org/donations_legacy.html

Contact: enquiry@mityanacharity.org

<http://www.mityanacharity.org>

The Secretary, 6 Tangle Drive, Wokingham, RG41 2NY, Berks follow us on [Facebook](#) and [Twitter](#)