



**ANNUAL NEWSLETTER ISSUE 14  
NOVEMBER 2009**

Registered charity no. [1068825](#)



*A picture tells a story of hope for these children.*

*They have a better future in front of them with help from the Mityana Charity educational sponsorship scheme and sustainable community projects.*

*We thank you for your support and interest.*

## ***Letter from Chair (Jean Ajin)***

Welcome to our annual newsletter for 2009. As usual, it has been a busy year with many visits to Mityana and a Ugandan young person visiting us. If you are interested in visiting then please let us know.

We are hoping to dig a bore hole at Lwankuba Farm to ensure that crops are watered during the dry season to provide food. This is getting more urgent due to the climate change. Northern Kenya is really suffering at present and it will not be long before the crises reaches Uganda.

Another project is to provide solar panels at Nabukenya Primary school to provide lighting for the staff. If you know of any company, trust fund or person who could help us please contact us.

### **UK Committee**

Derek Burden (Patron)  
Jean Ajin (Chair)  
Sarah Birch (Secretary)  
Janice Knox (Treasurer)  
Jean Ajin (Sponsorship)  
Jo Riddaway (Sponsorship)  
Ann Potts (New Life Projects)  
Colin Rouse (Orphanage Project)  
Nigel Birch (Publicity)  
Helen Chang (Fundraising)  
Debbie Harris (School links)  
Helen Thompson (St Sebastian's Church Youth Visits)  
Roger Holdsworth  
(St Sebastian's Church Representative)

We are very grateful to all our supporters for their generosity and especially to Mark and Mary Hall (Hall-Hunter Partnership) and the Hilden Charity for their generous donations towards the tractor. Also to WorkAid for the free tools they provided for the farm, carpentry and vehicle maintenance which are now on their way to Mityana in the container.

Our Life Gifts are still very popular. Please try and publicise this amongst your families, friends and groups you belong to. Every little helps. If you want to send a gift to your sponsored child then please send the form and details to me (Jean).

With very best wishes

Jean Ajin

### **Uganda Committee**

Canon John Musaasizi (Chair)  
Stephen Bagunywa (Secretary)  
Grace Musaasizi (Sponsorship)  
Kassalina Kibuuka (Treasurer)  
Canon Jethro Ssebulime  
Rev Moses Ssemugooma  
Rev Paul Musisi  
Canon Benon Semmambo  
Rev Michael Lubowa

## ***Sponsorship (Jean Ajin/Jo Riddaway)***

Thank you to all our sponsors who are continuing to sponsor children in Mityana.

You are giving the children a hope for the future which their parents never had.

During the school year 2008-09 you sponsored 87 primary children, 76 secondary and 17 in tertiary education. 3 teachers have also kindly been sponsored. We introduced this year, a "Sponsor a Grandmother" scheme as many old women are looking after their grandchildren, whose parents have died from AIDS. This type of sponsorship really helps to lift families from living a hand to mouth existence.

We are grateful to some sponsors who have generously paid for students to board at school during their exam years. This enables children to have light at night to study and also frees them from the household chores they would have to do if living at home. As in the picture, you can see how older children are responsible for looking after their younger siblings, which also takes them away from their studies.

If you send gifts by mail please ensure that you send them to the following address.

PO Box 289 Mityana, Uganda, East Africa

Thank you



### ***Sponsorship reminder***

All sponsorship monies should be paid by the **end of November** each year to enable us to collate and get the money sent over for the start of the school year in January.

We urge you to kindly set up a standing order each November as this reduces our administration considerably. Bank code 40 47 09 Account 41515667 (HSBC Wokingham).

Also please complete a gift aid form to enable us to claim the tax back that you have paid through your generous donations.

(forms are on the website)

## ***How Mityana Charity has helped me out***

Writer: Birungi Viola

Age: 21

Journalism student 2<sup>nd</sup> year Makerere University Uganda



The article encompasses the details of how Mityana Charity has helped me out with my studies for eight years now.

The death of my mum in 2001 made me desperate about how I was going to continue with my studies. My mum was a single mother with six children and I'm the last born. We are five girls and one boy whom I'm studying with currently at the university.

By the time my mum died, I was in primary seven and was about to sit for my primary leaving exams.

After my mother's burial I had to start staying with my granny Mrs. Margret Sserunkuma the director of Mityana orphanage school. My granny strived as much as she could to see to it that I continue with my studies but all were in vain. First she had a small business which could not even sustain my pay at school and we were very many at home to cater for. She tried her level best up to my second term in senior one and failed to raise money any more to cater for my school needs. I left school for some few months but later there came some white men and women who had come to visit Mityana orphanage.

My granny called me to say hullo to them and to my surprise these people were so friendly. They introduced themselves to me but among all the names I could recall one name of a certain lady who was so sympathetic about my failure to go to school. This lady is one of the board members of Mityana charity in UK. Jean Ajin was the first charity board members in UK I met.

My granny explained to her about the death of my mum and my failure to go to school because the one who was raising my money for school fees had died. Jean was so hurt about that message and told my granny that she is going to try as much as she could to see to it that I get someone to sponsor me in UK. She told me to write a letter and attach my report form for senior one first term. I did what she had told me to do and gave her the letter, she went with the letter back to UK and I stayed in Uganda praying that her feedback would be encouraging.

Thank God Jean arrived safely back to UK. She embarked on the task of looking for someone who could stand with me as far as my needs at school were concerned.

At home in Uganda I was really praying that her feedback would bring back all the joy I have lost ever since I left school. To my surprise within three weeks Jean wrote to my granny and in that letter she explained to her how she had managed to get me a sponsor. Jean told my granny that I had to go back to school. You can't imagine how I felt when my granny told me about this. I usually call this God's extravagant grace towards me to get someone who is willing to give me everything I needed for school.

A week after Jean's letter, my sponsor Mrs. Linda Hughes wrote to me and she told me she is ready to stand with me in whatever I needed for my studies. On my getting this letter, I was really convinced that it was time for me to go back to school. I started schooling again and was so happy because I knew there were no more chasing me out of class just because I had not paid school fees.

I used to walk from my granny's place to my school. The distance was a bit long but I did not mind as long as I was schooling. Later I explained the distance problem to Jean and

she wrote to my sponsor asking her whether she could manage paying my boarding fees. To my surprise she accepted. I went to the boarding and I usually had every requirement someone would need while in boarding. I was always very happy at school because I no longer had things to worry about as far as my studies were concerned.

Can you imagine someone caring for me and giving me everything that my mum would have given me? This took away all the sorrow I had since my mum's death. I had never thought of getting someone who really could care like she used to as far as my studies was concerned but God has used Mityana Charity together with my sponsor to care, to love and to comfort me.

After my Ordinary level, I passed my exams with a first grade. I went to another school in Mityana for my Advanced level studies but still I was in the boarding section. I worked very hard and passed my exams very well.

### I GOT A GOVERNMENT SPONSORSHIP AT MAKERERE UNIVERSITY

I passed my A- level exams very well and got a government sponsorship at the above university. (editor – there are very few of these given). They gave me a journalism course and I'm currently in my second year but still my sponsor is providing me with some money for my requirements at the university.

I wouldn't have got this sponsorship if at all I haven't gotten a chance to complete my secondary level. It was all God's blessings which He gave me through Mityana Charity and then my sponsor to stand with me all these years.

I'm very happy at the university because still I have everything I need for my studies. Some students in my course were surprised when they found out that I was an orphan yet I don't lack any thing as far as the course requirements are concerned. I usually tell them that God had made Mityana Charity to be a blessing to me.

I'm working very hard to get a good degree in Journalism but after my Bachelors degree, my dream is to do my Master's degree in journalism outside Uganda if God grants me this chance.

I take this opportunity to thank God first for His unfailing love, mercy, grace and providence towards me, and then Mityana Charity board members both in UK and in Uganda for being a blessing to me. Above all my sponsor Linda Hughes for treating me as a daughter, I have never felt lonely in my life ever since she started sponsoring me. She has stood with me in everything I need for my studies.

### YOU TOO CAN BE A BLESSING TO THE NEEDY.

You too can be a blessing to many children in Uganda who are passing through the situation I used to pass through before Mityana Charity stood with me. The person you have helped may not be in place to reward you physically but God will reward you abundantly.

Be one of those who have decided to give hope to the hopeless orphans in Uganda. So many children in Uganda would like to go to school but have school fees problems. They have the capability to become important people for our country but have failed to get avenues to express their potential.

Help someone get a brighter future in Uganda, come to someone's rescue and become a hero in that person's life. Become one of the members of Mityana Charity who have stood with thousands of people in Uganda; the needy, orphans, old people in terms of financial, moral and all other sorts of support.

Decide to bring joy in some one's life today and God will bless you tomorrow.

May God bless all of you who are reading this article and may He touch your hearts now to stand with the needy people in Uganda.

My special thanks to all Mityana Charity Board Members in UK and Uganda. Special thanks to my sponsor Mrs. Linda Hughes and Family.

#### **From David Katende**

Blessed be the Lord's name,

I know you cannot imagine this but it's the reality. Since my nursery school I always doubted if I would stay at school the following day, sometimes I doubted my next lunch and supper. I did not have hope, I didn't see the love seen by others and much more.

It's a different story today. Everyday I wake up, I have to touch my body and it's really a miracle to see myself at university, food on the table whenever I'm willing and able.

"THANK YOU FOR LOVING ME DEAR NABUKENYA AND MY SPONSOR" Be blessed.

### ***International School Award for St. Sebastian's School and link with Mityana Orphanage school (Colin Rouse – Head Master)***

Saint Sebastian's Church of England (aided) school in Wokingham has been awarded the prestigious International School Award in recognition of bringing the wider world into the schoolroom.

On the **16 October** Colin Rouse, the Headteacher from the School will attend a high-profile ceremony in London that recognises their outstanding work, and the successful winners will be presented their Awards by broadcaster and journalist George Alagiah.

On being notified that the school had received the award, Colin Rouse said; "This award truly recognises the hard work and dedication of my staff in bringing the international perspective into every classroom. It is especially pleasing that our work with the Mityana Orphanage and school in Uganda has been recognised. We are all very excited to have received this recognition".



*Classroom activity at Mityana Orphanage  
Newsletter Issue 14*

Celebrating its 10<sup>th</sup> anniversary this year, the DCSF International School Award seeks to celebrate, develop, recognise and accredit outstanding practice in the international dimensions of teaching and learning. Fostering an international dimension in the curriculum is at the heart of the British Council's work with schools, so that young people gain the cultural understanding and skills they need to live and work as global citizens.

2009 has seen 700 schools accredited in the 75th anniversary year of the British Council. This is a record number of recipients and includes a wide range of schools from a variety of different backgrounds from across the UK.

The Award is now made available worldwide in countries such as India, Sri Lanka, Egypt, Lebanon, Cyprus and Pakistan. Around 2000 International School Awards have been presented to successful schools in the UK since the scheme began in 1999.

The ISA encourages and supports schools to develop the following:

- An international ethos embedded throughout the school
- A majority of pupils within the school impacted by and involved in international work
- Collaborative curriculum-based work with a number of partner schools
- Curriculum-based work across a range of subjects
- Year round international activity
- Involvement of the wider community
- Provides ideas for developing collaborative curriculum-based international work with partner schools

John Rolfe, Manager, DCSF International School Award at the British Council says 'Many congratulations and many thanks on your well-deserved success in being accredited with the Award. The rich range of work you are doing in the school and across your larger community to support and encourage global citizens with a greater understanding of the world around them is truly fantastic. The international dimensions of teaching and learning have been at the heart of the work of the British Council for 75 years and to receive the Award in its 10<sup>th</sup> anniversary year is a special cause for celebration

**Would your school, youth group, church  
like a talk from one of the committee to tell  
you more about what is happening in  
Mityana?**

**We are based in Berkshire.  
Please email [enquiry@mityanacharity.org](mailto:enquiry@mityanacharity.org)**

## ***The Dream of Lwankuba Farm (Ann [Nabukenya] Potts)***

Out in the bush in Uganda there is a great tract of land consisting of about 500 acres. The land is mainly uncultivated, but the Mityana Charity has a lease on this area and is planning to develop it all as a farm.



We have started! This year we have grown sweet potatoes and maize, and we have planted an orange grove.

The dream for this farm is that when it becomes fully productive it will pay the costs of providing free education for all the local children at Nabukenya Primary School (which is on the same site), and also provide for a Health clinic for the local community.



Children singing and dancing

We also want to help the local farmers to improve their standard of agriculture.

This year we have received two donations towards a tractor which will enable us to make greater headway in cultivating the bush. Our thanks go to Hall Hunter Partnership and also to Hilden Charity for their generous donations. I hope to report in the next Newsletter that we have a tractor operating at Lwankuba Farm.

We are also hoping to drill a bore-hole on the farm, so that we can get a reasonable water supply for the school and the farm. During the last dry season it was very difficult to keep the orange grove and the crops alive. Our thanks go to Hugh Wakeling who is helping us to develop this scheme and to those who have so far donated money towards it. All donations are very gratefully received! Water is the stuff of life, and without the bore-hole there is little hope that our dreams can come true.

Lwankuba Farm is a very key project. When we can get the farm fully operational it will be instrumental in building up projects for the local community. Any little sum that you can donate will make a big difference towards achieving our dream.

We are collecting glasses, mobile phones, new toothbrushes, school rucksacks, laptops, pencils, pens etc to take to Mityana in February.

Please contact Jean at

[sponsorship@mityanacharity.org](mailto:sponsorship@mityanacharity.org)



***Message received from the Farm - Michael Lubowa (Costing Officer)***

On behalf of New Life Lwankuba projects and on my own behalf allow me to register my sincere thanks to all donors in UK for your generosity towards this wonderful project. May the good Lord bless you richly.

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***A SUMMARISED REPORT ON PROJECTS OF MITYANA***

***UGANDA CHARITY (John Musaasizi - Chairman Mityana Uganda Charity)***

During this season, I would like to share information on the following projects namely: New Life Restaurant, Nabukenya Primary School, Lwankuba Farm and Sponsorship programme.

**The New Life Restaurant** will be opened officially in November 2009. Its capacity takes 24 people at ago. We expect many hungry and thirsty people to flock the restaurant soon after its opening. We still need cooking facilities to be able to handle different tastes of our prospective customers, like microwave, facility for snacks, a gas cooker, trays, glasses, table covers and many others. We still hope that the container carries much of what we need at the New Life Restaurant. *(This is to be a Christian Restaurant and all profits will be used towards the aims of the Charity in Uganda.)*

**Nabukenya primary School** is almost four years old. It has a total of 203 children who receive free education. The parents of the school provide uniform and lunch for their children. The school has seven qualified teachers whose salary is paid by Mityana UK Charity. The classrooms have enough furniture, books and other materials that facilitate learning and teaching. The Teachers, children and parents work hand in hand. The school has three classroom blocks which command an attractive sight from Lwankuba place.

The school needs teachers' accommodation under construction now. The water need at school has been partly dealt with by the provision of four plastic water tanks. So during rain season, there is no water scarcity.

The School is on the site of Lwankuba Farm, which the Charity is developing with the aim of using the profits to pay the school running costs and pay for other charitable ventures for the community.

Lwankuba Farm has a very big plantation of oranges and 199 holes for suckers are ready .Cabbage seedlings are also ready for planting.

As for livestock, Lwankuba has 12 goats, 32 pigs and 22 cows. The truck has contributed much to the growth of Lwankuba Farm. The farm expects a tractor, which we believe, will revolutionize the farm in terms of making profit.

Time and again crops have needed constant watering. So the advent of pumped water to the farm will minimize carrying water to the farm by workers.

**Sponsorship programme** has greatly served the communities here. More than 180 students are being supported financially. Some students supported by this programme have completed their studies at a university level. And many others are pursuing their studies at a university level.

Apart from school fees, money has been provided to meet health services of the school children. Such a scheme has saved many children from dangerous diseases.

We thank you all for your time, effort and money you have invested in these projects.

### **BRINGING WATER TO CHILDREN, CROPS AND COMMUNITY**

*Through the kind offices of Hugh Wakeling, who is a Chartered Engineer, we have developed and costed a scheme to bring water to Lwankuba, the 500-acre farm leased by the Charity. We now have a good quotation for a borehole. We really need to develop one to bring much needed water to the school and community, and a second sited out on the farm where we need water to help develop our orange orchards. Our plan is to have a viable farming enterprise here, which will pay for the costs of the school, a clinic and other community facilities. We now need to raise a further **£4600** in order to fund this important project.*

***Will you please help us to bring water to the CHILDREN, CROPS AND COMMUNITY?***

***For more information or to help us to raise funds for this project please contact Hugh Wakeling [hugh.wakeling@tiscali.co.uk](mailto:hugh.wakeling@tiscali.co.uk) or Ann Potts [ann.potts@virgin.net](mailto:ann.potts@virgin.net)***

## ***NO MORE TYPHOID THANK YOU!***

The Church of St. Mary & St. John at Finchampstead very kindly made a collection to supply water filtration units to schools in Mityana. These simple units purify the water and mean that the children are protected from typhoid and other waterborne diseases.

The units cost £45 each and we are currently distributing about 18 units. When Hugh Wakeling and I are there in a few weeks time we plan to bring back some photographs for you to see.

Ann Potts



Typical water source



Water Filters where children are tapping filtered water

## ***A Big Christmas present for Mityana!***

We are delighted that on September 10<sup>th</sup> the container finally left Crowthorne, en route via sea to Mombasa and then road to Mityana. It has taken over a year to ensure that there was customs clearance. We are truly grateful to Feed the Children for helping us with this. A huge thank you to David Russell and his employees at D3Direct for storing, loading and the transport costs.

We hope that it will prove a great blessing to the ACU Project and to the Mityana Uganda Charity as they seek to help the people of Mityana.



***Container truck in UK ready to go!***

## ***Prison conditions in Uganda (Ann Potts)***

Uganda is a very poor country, and it isn't surprising that prisoners are right at the bottom of the heap.

### ***Prisoners Myanzi Prison***

They usually exist in very bad conditions mainly due to the lack of funds. The prisons seem to get no budget to provide for their inmates, and the Governors have to send the men out in forced Work Gangs to dig or harvest for local farmers in order to earn some money. As they are fearful of the men running away, their shoes are taken away from them, and they are frequently digging with bare feet in the thorny bush. As a result of this I have seen prisoners with very nasty infected lacerations on their feet.

(At one or two prisons we have managed to get simple sandals made out of old motor tyres provided for them.)

Women fare little better, and if they have small children with them there is no nutritious food for the little ones to eat. They get one portion of "posho" (solid cooked maize), just like everybody else.

I am hoping to take blankets to 40 prisoners in Mwera Prison when I am in Uganda in October as the men there are sleeping on a cold concrete floor. Prisoners are sometimes locked away in crowded, dark, bare rooms for long periods of time as this makes it easier for the few guards employed to oversee them. Most of the people in these local prisons have committed fairly minor offences, and quite a high percentage of them are on remand. However, regardless of what they've done I hate to see human beings living in such conditions.

### ***Prisoners***

You will gather that prison welfare in Uganda is very close to my heart, and this is one aspect of our work that I hope will grow in the future.

## ***RATIONING BIBLES! (Ann Potts)***



Can you imagine that I have to ration bibles when I go to Mityana?

When I get to Kampala I buy as many as I can afford from the Bible Fund, and pack them in the boot of the car.

When I reach the villages, or teach Lay Readers, the demand for them is enormous. I start off by saying "Who hasn't got a Bible?", then I have to say "Has your husband/wife got one? If so please put your hand down". So it goes on. I never have enough to satisfy the demand for the Word of God in Uganda. I sometimes find Lay Readers who take regular church services, but have to borrow a bible from a member of the congregation when they get to church in order to take the service.

If it is on your heart to help with this, do please contact me.

## ***Fundraising Sub-Committee (Helen Thompson)***

We had agreed at our Mityana Committee Meeting that it would be a good idea to set up a sub-committee to focus on ideas for fundraising for our various projects. After all fundraising is our main focus and it was felt that a meeting, outside of the normal committee meetings may allow us to be more creative with ideas and share the load for this important area.

The inaugural meeting of this committee, made up of Sarah Birch, Helen Chang, Debbie Harris and Helen Thompson was held in October. We are attending a number of Christmas Fayres so this was our main area of discussion; considering what we would sell. We thought that as the Fayres are at Primary Schools something aimed at the children may

go down well. So we are going to be organising a 'Snowman Make', and they will all end up with something to hang on the Christmas Tree.

Other ideas to start to organise for next year are a Beetle Drive in March, a sponsored walk, an outdoor sale in Bracknell or Woodley and a Treasure Hunt later in the year.

Please see back page for ways you can raise money with no effort!

Are you interested in fundraising for us through sponsorship and need online donations then go to <http://www.mycharitypage.com/home.php> and add Mityana Charity. We are set up there!

If anyone reading this has an idea for a way of raising money for our Charity please give me a call on 01344 779901.

# SOLVE YOUR CHRISTMAS PRESENT PROBLEMS AND HELP THE PEOPLE OF MITYANA

Buy a gift to send to Mityana and we will send you a Presentation Certificate that you can give to your friends or relatives, telling them what gift has been sent to Mityana on their behalf

*See the Form on the next page .....*

## **GREETING CARDS WITH A DIFFERENCE**

All the proceeds from our "New Life" Greetings Cards go to projects in Mityana, and this is a sample of the greeting inside:

*"Instead of buying a conventional card, I have had 2 orange trees planted on your behalf at Lwankuba Farm, Mityana, Uganda, where they will help to relieve poverty and bring hope!"*

*"Happy Birthday", "Peace & Joy", "Get well soon" etc  
Greetings cards £1.50 each*



**SPECIAL OFFER CHRISTMAS CARDS** 5 cards for £5

Contact:

Debbie Harris; [debbie\\_harris@onetel.com](mailto:debbie_harris@onetel.com)

Sarah Birch: Tel: 0118 9790097, [sn.birch@ukonline.co.uk](mailto:sn.birch@ukonline.co.uk)

Ann Potts Tel: 01344 773549; [ann.potts@virgin.net](mailto:ann.potts@virgin.net)

Eileen Rhodes Tel 01256 471546; [eileen.rhodes@btinternet.com](mailto:eileen.rhodes@btinternet.com)



### New Life Gifts: Christmas 2009

Buy one of these gifts to help alleviate poverty and bring hope in Mityana, Uganda, and we will give you a Presentation Certificate suitable for the occasion to give as a gift.

Hen	£3	Paper & pencils for Street Kids Centre	£6
Cock	£6	“Soap & Pants” supply of pants, soap, toothbrush, toothpaste	£7
Goat	£12	“Ready for School” bag, umbrella, pencil case, pens, pencils”	£8
Pig	£12	“Play & Learn” nursery class equipment	£10
Cow	£250	Infant weighing scales	£15
4 Fruit Trees	£6	Mattress	£17
Blanket	£7	Clinic mattress with PVC cover	£25
Bible	£5	Examination Couch	£150
Mosquito Net	£4	Spare gas canister for vaccine fridge	£30
Send Some Seeds	£10	School Medical Pack	£10
2 school text books	£7	Water Filtration Unit	£45
School Desk	£17	Bicycle for Lay Reader	£60
Prison Aid Pack	£5	School White Board	£14

Would you like a longer term commitment? If so, why not think about sponsoring a child in Mityana from only £100 per year? For more information please visit [www.mityanacharity.org.uk](http://www.mityanacharity.org.uk) where you will also find details of other ongoing projects for which more expensive items are required.

**I would like to buy the following:**.....  
.....

**Occasion** .....

**Name of recipient as it should appear on certificate**.....

**Wording:** The standard wording is “*item* has been bought on your behalf and will be sent to help alleviate poverty and bring hope in Mityana, Uganda”

.....

**From** (or leave blank for your signature) .....

**Certificate to be posted to** .....

.....

**Telephone** ..... **email** ..... (in case of queries)

Cheque for:..... (in Total)(*Made payable to “Mityana Charity”*)

Please return order form and cheque to:

Eileen Rhodes, 3 Higher Mead, Lychpit, Basingstoke, Hants, RG24 8YL. Tel 01256 471546  
email: [eileen.rhodes@btinternet.com](mailto:eileen.rhodes@btinternet.com) and [enquiry@mityanacharity.org](mailto:enquiry@mityanacharity.org)  
or a gift for your sponsored child to [sponsorship@mityanacharity.org](mailto:sponsorship@mityanacharity.org)

***With grateful thanks.***

The small, but important, print Please be assured that the gift you select is precisely what will be supplied in Mityana and the amount you pay accurately reflects the cost of supplying that gift. Should the situation ever arise that the need for a particular item has been fully met you will be told and an alternative suggested.

## Mityana Charity

# “One day of famine”

### A SCHEME TO HELP ALLEVIATE THE HUNGER OF MITYANA

*The story of one man's hunger in Uganda...*

“... I grew up in a family of seven children. Because we lived in a rural area, we could dig with our hands to produce food that could feed us. However, many years famine and hunger could come as a result of unexpected weather changes like drought, over raining and pests. At my home we used to plant seasonal crops like beans, maize, cassava, sweet potatoes, Irish potatoes, ground nuts and bananas.

Many seasons we could get good harvest and other seasons we could fail to harvest. The leading causes of famine in Ugandan villages are excessive rainfall and too much sunshine drought. Rainfall once killed all our crops and we lived by only maize flour for four months. We could take porridge in the morning and for supper. Another season all other crops died and we remained with only beans and maize. We used to eat maize seeds mixed with beans (akatogo) mixture until the next season's crops were planted and grew.

There was a time when food was so scarce there was no maize, no beans or cassava. This was a rainy season in 1992. Like in the bush God provided us with a wonderful edible grass (Ddodo), in English it is called pig weed. We survived on this for the whole season (four months). Many days we used to go at school with empty stomachs and come home still there could be nothing to eat. I do look at this grass (ddodo) as manna which God gave to the Israelites in the wilderness when they were living without food and complaining of hunger. I grew up not sure of a permanent source of food. I have experienced several hours, days and weeks of hunger. But I have seen the mighty hand of GOD providing food to me and my people in ways I don't expect. I stopped being worried about what I will eat or drink. God has been gracious to me in all situations of need.

This is how briefly GOD has fed me at home and in places. If GOD helped me to go through the war and at home, shall He not provide for me more when I am mature, working and serving him? I thank God for every difficult situation of hunger that I went through because I felt a very big union with my family because we were all one going through the same pain and sharing the little we could get. Through hunger, God has told me to share the little I have with others.....”.

**Join our “One day of famine” Scheme.**

**Fast on the first day of each month and send the money saved to help us to alleviate poverty in Mityana**

Contact: [ann.potts@virgin.net](mailto:ann.potts@virgin.net) Tel: 01344 773549  
<http://mityanacharity.org>

#### NEWSFLASH

Rev Dodie Marsden has just returned from Mityana today and says that the cost of matoke (the staple food) has doubled in the markets in Mityana and tripled in Kampala. She saw more children with distended stomachs than she did last year.





# The Mityana Charity

Registered charity no. [1064825](#)

## One day of famine!

Times are hard now, but they are even harder for the people of Mityana in Uganda. (Read the previous story about the hunger in their life.)

**One day of famine** is a scheme where we invite you to fast on the first day of the month, and make a donation of the money you save towards alleviating hunger in Mityana.

I will take part in the "One day of famine," scheme (for one month/6 months/1 year)

Name.....

Address .....

e-mail.....tel:.....

I will make a donation of £..... per month.

(by Standing Order/By cheque payable to Mityana Charity/ by other means:

.....

.....

(Gift Aid forms can be downloaded from our website <http://mityanacharity.org>)

To: Ann Potts, 39 Larkswood Drive, Crowthorne, RG45 6RH. Tel: 01344 773549

[ann.potts@virgin.net](mailto:ann.potts@virgin.net)

## Prayer Points

God Bless Africa  
Guard her children  
Guide her leaders  
and give her peace,  
for Jesus Christ's sake.  
Amen.

- † We give thanks for the success of our projects in Uganda, especially for the sponsorship scheme, which has given children education for 11 years!
- † Please pray for the children and families in Mityana, many of whom are in desperate need of food to eat. Pray too for the Orphans and all who are suffering from fever and sickness.
- † Please pray for the Ugandan committee and that they will be richly blessed as they work together in harmony for the benefit of their community.
- † We give thanks for guidance and vision God has given us in the development of the projects to help the people of Mityana.
- † Please pray for the teachers and all those who look after the orphaned children and have a special care for children in need.
- † Give joyful thanks for the New Life Project at Lwankuba Farm. May it shine out as a beacon of new life and new hope for the community.
- † Please pray that Uganda gets the rains it desperately needs so crops can be planted and grow.
- † We pray for the opening of the New Life Restaurant that it may be a great witness for the Lord to many people in Mityana.
- † Give great thanks too for the success, in the UK, of the New Life Gift Scheme and for all the many donors and sponsors who enable the charity to function.
- † We give thanks for all the new people and groups visiting Uganda, and for the new friendships that have grown and blossomed. May their journeys bring joy!

***Father, we offer you grateful thanks and praise for all your goodness to us all. May all we do bring blessings to others and glory to you***

## **ADMINISTRATION REMINDERS**

### **Gift aid**

We have managed to claim back money from gift aid. If you haven't already completed a form and you are a tax payer we urge you to do this.

### **Email address**

Please could you ensure that we have your current email address so that we can communicate with you and reduce our postal costs.

### **Newsletter items**

We are always pleased to hear from anyone who has an interest in the work of the Charity and would like to make a contribution to our newsletters. Mityana Charity committee members often provide contributions we would welcome fresh thoughts and ideas to give a more interactive approach to our newsletters.

If you have a desire to write or help with any aspect of the newsletters we produce please contact Nigel Birch ([n.birch2@ukonline.co.uk](mailto:n.birch2@ukonline.co.uk)) or Ann Potts ([ann.potts@virgin.net](mailto:ann.potts@virgin.net))

We would also like to know if any member has problems with receiving newsletters by e mail. If there are problems we would like to know what they are so please contact us.

Thank you for your support.

For further information about The Mityana Charity please contact

The Secretary,  
Mityana Charity ,  
c/o 6 Tangle Drive,  
Wokingham,  
Berks. RG42 2NY.

Email: [inquiry@Mityanacharity.org](mailto:inquiry@Mityanacharity.org)

or visit our web site at <http://www.Mityanacharity.org>

### **Easy ways to help us raise funds which don't cost you anything! by**

A great way of raising money for Mityana Charity is to search the internet using everyclick.com, where you can specify which charity you would like to raise money for. Every search raises 1p for Mityana Charity - and it costs you nothing! <http://www.everyclick.com/mityana-charity/CT14831>

Buy your Christmas presents online and give to Mityana Charity. It costs you nothing.

<http://www.buy.at/mityanacharity>

Also register at <http://www.easyfundraising.org.uk/> and choose Mityana Charity as your charity.

Please send Standing Order and/or Gift Aid Forms to the Mityana Charity Treasurer as follows:



The Treasurer, Mityana Charity 47 Penn Road, Datchet, Slough, Berkshire SL3 9HS

## STANDING ORDER

To \_\_\_\_\_ Bank Sort: \_\_\_\_\_ Account No: \_\_\_\_\_

Account Name: \_\_\_\_\_

Branch Address: \_\_\_\_\_  
\_\_\_\_\_

Date \_\_\_\_\_ Tel: \_\_\_\_\_

HSBC Bank: Wokingham

Beneficiary Sort Code: 40-47-09

Beneficiary Account Number: 41515667

Beneficiary Name: **Mityana Charity**

Amount: \_\_\_\_\_

Date of First

Payment: \_\_\_\_\_

Amount of Subsequent Payments: \_\_\_\_\_ (if different from the first payment)

Date of Final Payment or Until Further Notice (UFN): \_\_\_\_\_

Due Date and Frequency of

Payments: \_\_\_\_\_

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

## GIFT AID DECLARATION

I am a UK tax payer and want the Mityana Charity to treat all donations I have made since 6<sup>th</sup> April 2005, and all donations I make from the date of this declaration until I notify you otherwise, as Gift Aid Donations.

*Please complete your details here as the information is part of your declaration.*

Name:

Address:

Postcode:

Email:

Signature:

Date:

*You can cancel the declaration at any time by notifying us, it will then not apply to donations you make on or after the date of cancellation.*

*You must pay an amount of income tax and/or capital gains tax at least equal to the tax that we reclaim on your donations in the tax year (the basic rate currently being 28p for each £1 you give).*

*If you pay tax at the higher rate you can claim further tax relief in your self assessment tax return.*

Please return this completed form to:

The Treasurer

Mityana Charity

47 Penn Road, Datchet, Slough, Berkshire SL3 9HS