



The Mityana Charity

Registered charity no. [1064825](#)



NEWSLETTER OCTOBER 2012

Sponsorship

Unfortunately we will have to increase the sponsorship fees this year. This is because the Ugandan inflation rate has been above 20% for much of the last two years and we now have a 5% levy on all donations to help run the charity in Uganda. (The last increase was in 2008)

Primary fees for 2013 will be £125

Secondary fees will be £250

Please kindly amend your standing orders.



Some of our primary children have Mityana Charity T shirts. It would be good for them all to have one. **Primary T/shirts cost £2 pounds and larger coloured secondary £5.50. If you would like to give your child a T shirt please contact jean.ajin1@ntlworld.com**



We are still looking for new sponsors for the many children we have on our list. Please ask your friends.

Many teenagers in Mityana have nothing to do in the school holidays

and often get into trouble, as they do here. Some volunteers in Mityana are starting to tackle this problem by teaching arts and crafts to groups of our students. This has proved very popular with many of the students. They have also started counselling and guidance sessions.

In the beginning we thought the students would not like the idea but to our surprise they embraced the idea and have so far shown that they love and are willing to participate in the holiday program. *Mugeni Irene*



Sponsored children making crafts during the holidays.

Why educate girls (*an interesting article ref <http://apurvadesai.com/2009/02/25/what-does-the-former-2-united-nations-official-recommend-as-the-top-action-to-help-developing-countries/>*)

It really is that simple. There is no action proven to do more for the human race than the education of the female child. Scholarly studies and research projects have established what common sense might have already told us; if you educate a boy, you educate a person, but if you educate a girl, you educate a family and benefit an entire community. The evidence is striking. Increased schooling of mothers has a measurable impact on the health of children, on the future schooling of that child, and on the child's adult productivity. The children of educated mothers consistently outperform children with educated fathers and illiterate mothers. Given that they spend most of their time with their mothers, this is hardly surprising. A girl who has had more than six years of education is better equipped to

seek and use medical and health care advice, to immunize her children, to be aware of sanitary practices from boiling water to the importance of washing hands. A World Bank project in Africa established that the children of women with just five years of school had a 40 percent better survival rate than the children of women who had less than five years of class. A Yale University study showed that the heights and weights for newborn children of women with a basic education were consistently higher than those of babies born to uneducated women. A UNESCO study demonstrated that giving women just a primary school education decreases child mortality by 5 to 10 percent.

The health advantages of education extend beyond childbirth. The dreaded disease AIDS spreads twice as fast, among uneducated girls than among those who have been to school. Educated girls marry later, and are less susceptible to abuse by older men. And educated women tend to have fewer children, space them more wisely, and so look after them better; women with seven years' education, according to one study, had two or three fewer children than women with no schooling.

Prison welfare

Magala prisoners were provided with mattresses and blankets. The prisoners were delighted to have someone to care for them.

There are several other prisons where prisoners would welcome the same luxuries. If you can help then please contact us.



Re-equipment of Kyato Clinic

Kyato is an isolated community many kilometres from the town of Mityana – the Mityana Diocese covers a huge area and this is one of the further flung projects. When a delegation from UNICEF visited recently they expressed admiration at the fact that it had been possible to establish a clinic at such an isolated site!

The association between Kyato clinic and the Charity goes back some seven or eight years to the construction of buildings with the cooperation of volunteers from the UK as part of an early youth trip.

Earlier this year the availability of funds from Gift Aid allowed us to look at further opportunities for clinic development., With the aid of our colleagues in Uganda we selected Kyato as being in most need of new equipment. An agreed list of equipment was sourced from the Joint Medical Stores in Kampala (we know this organisation and local sourcing reduces transportation costs and helps the Ugandan economy) and delivered it to Kyato a few weeks ago. The photograph shows a small part of the consignment at the clinic.



We have now carried out a reasonably detailed survey of seven of the clinics in the Diocese and will be analysing the information to see what the next priorities should be.



Congratulations to the Ugandan Olympic Gold Medal Winner Kiprotich Stephen



“Today business from Entebbe International airport to Kampala came to a standstill when thousands of Ugandans led by the president were welcoming back the Ugandan Golden boy, Stephen. He was full of joy and happiness just like many Ugandans. He is a prison warden and he has now been promoted to the rank of ASP (very big position in the prisons). God is really good, he has been a very poor man but now his life has changed, The biggest media house in Uganda (Vision group of companies) has mobilized \$500,000 for him.”

New Life Gifts

Now is the time to start thinking about Christmas presents. Our solar lights, £15, are becoming very popular in Mityana and helping keep families safe from fire and free from fumes
pennyborgen@btinternet.com

Nabukennya Primary school

Here is a photo of the staff at NPS



From left to right: Namuganga Dorcus, Nyafono Kevin (new), Nalubu Christine, Wasswa Ssebulime Jethro, Kayemba Nelson, Suuna John, Muyanja Lehoboam and Kaggwa Anthanasius

Jethro, the headmaster, is retiring at the end of this year. We take this opportunity of thanking him along with his wife Loi, for all their hard work and dedication, in building the school from nothing to it's well respected position today.

Fundraising

Bike Ride London to Paris

Henry Thomas and his father cycled unsupported from London, to Paris, and back. They raised money for Nabukenya Primary School after Henry visited in February 2012.

Many thanks Henry and Richard.

“We needed to cover 400 miles in 7 days, requiring 65 miles a day travelling.

We left on the Thursday heading down to New Haven, 56 miles away. It rained for half the day (a recurring theme throughout the trip). We took the ferry on Friday morning across to Dieppe and cycled 50 miles down to a B&B, On Saturday we cycled about 67 miles, into the Suburbs of Paris. Dad managed to find our hotel by using the position of the Sun!

We spent Sunday going into and then out of Paris, absolute downpour that day. After that we basically



retraced our steps, arriving at the London Eye late afternoon on the following Wednesday. For a couple of days our legs were aching but we recovered quickly. We had £495 donated with £121.25 gift aid which we're really proud to provide for the charity.

We are hoping to sell 2nd hand jewellery. If you have any then please contact Pat
pat.barton2@gmail.com

Are you a tax payer? If so please complete a gift aid form. Contacts:
enquiry@mityanacharity.org
<http://www.mityanacharity.org>
The Secretary, 6 Tangleby Drive,
Wokingham, RG41 2NY, Berks

Water update

We have had 2 surveys completed for the two boreholes at Mpirigwa and Mitoomi Primary Schools in Sekanyonyi and Bukomero retrospectively.

The Farm

The first coffee is growing well and due to be harvested in December. Groundnuts have been grown between the coffee plants and were harvested in September.



Our Ugandan Friends in England

Our young people have settled well and have been enjoying their experiences near Chichester, despite the bad weather they endured at the start. Here are some articles written by them.

Motivation

Hakim Godfrey, an 18 year old, said "last month I was awarded a prize for the individual with the most positive attitude in our 25 member team. That's my greatest motivation"

Motivation is literally the desire to do things.

However, according to the dictionary motivation means "The psychological feature that arouses an organism to action toward a desired goal; the reason for the action; that which gives purpose and direction to behaviour". It's the difference between waking up before dawn to pound the pavement and lazing around the house all day. It's the crucial element in setting and attaining goals—and research shows that you can influence your own levels of motivation You can motivate yourself or you can be encouraged by factors in your environment..Many people think that an increase in salary is the best way to motivate employees.. This is probably

true for some people. But if an employer attracts clever people, they ought to foster an environment in which they are inspired to achieve their fullest potential in a way that produces wealth and value for all their stakeholders.

You may not do or say everything right, but if your workmates see that you are motivated by love, little problems or misunderstandings won't become big ones.

When the environment is not motivating, the individual's reason for taking up the job is the only motivation. Encouragement and sincere compliments are always appreciated and always help elicit positive action to which you can attract likewise positive response... So figure out what you want, power through the pain period, and start being who you want to be.

Can anyone help David Mukwaya please? David is one of our young Ugandans working over here

I am planning to go on a training course, for Safari guides, in January to February next year in South Africa. I have come to realize that I will need a camera, Do you think there is anyone who might be able to offer one to me please?

Shoe Bill Bird



The Shoe bill bird, also known as *Whalehead* is a very large stork-like bird. It derives its name from its massive shoe-shaped bill. The adult bird is 115-150cm tall, 100-140cm long, and weighs 4 to 7 kg (8.8-15.5 lbs). The adult is mainly grey while the juveniles are browner. It lives in wetlands in tropical East Africa The Shoebill species was classified in the 19th century when some skins were taken to Europe. It was not until

years later that live specimens reached the scientific community. Shoebills feed in muddy waters, preying on fish, frogs, reptiles such as baby crocodiles, and small mammals. In Uganda Shoebills are easily seen in the Mabamba Bay Wetland. They nest on the ground and lay 2 eggs.

Do not miss to spot the Shoebill bird on your visit to Uganda with your Tour Guide **DAVID MUKWAYA**

Very many thanks to **Mityana Uganda Charity** for all the good work you do for the people of Mityana Community and all the members in UK for the endless support, we give you a big THANK YOU ALL AND LONG LIVE MITYANA CHARITY!

Visits

Debbie and her husband Andy Harris visited Mityana 18th September to interview and appoint a new Headteacher for Nabukennya Primary School. They also visited Kayto clinic.

Jean Ajin and Pat Barton are visiting Mityana 2nd October for 2 weeks to check on the sponsorship scheme and oversee several projects and the administration.

Hugh Wakeling is visiting later in October to oversee the water projects and mission work with Ann Potts, Luci Heyn and Pat Osborne.

Sponsorship Update

We are very pleased that two of last year's A level students started college courses in September. Happily both gained private scholarships which are helping to top up the very generous support given to them by their sponsors. Kasibarte Charles is studying for a three year diploma in Clinical Medicine and Semakula Eric is studying for a degree in Biomedical Laboratory Technology. Both courses should lead to a good chance of employment. All the school children started their third term on 3 September.

